

Cosy Up with a Coffee!

#raiseyourhands



Scleroderma and Raynaud's UK is the only charity dedicated to improving the lives of people affected by Scleroderma and Raynaud's. We exist to improve awareness and understanding of these conditions, to support those affected, and ultimately to find a cure.

During Raynaud's Awareness Month we are calling on everyone affected to unite and create a world where there is much greater awareness and understanding of the two conditions and their impact, a world where diagnosis happens earlier and much better treatment and care is available to everyone who is affected.

By hosting a Cosy Up with a Coffee event you are helping to raise vital funds. Thank you for raising your hand this February.

If you have any questions about your event or would like some further support then please get in touch with us on 020 3893 5993.

Thank you for raising your hand to hold a cosy up with a coffee event.

By uniting as a whole community we can make a huge difference for people living with Raynaud's this Raynaud's Awareness Month!





A cosy cake recipe to make your event even more spectacular!



Thank you for organising an event to support us this Raynaud's Awareness Month. We want to make sure you have a wonderful time while raising funds and awareness so we have put together a quick guide to a stress free and successful event!

1. Find a date and venue

Decide on a date during February that works best for you and organise somewhere comfy to cosy up! This could be at your home, at a local coffee shop; at a community centre or anywhere else you are able to find!

2. Invite everyone

Friends, family, colleagues, neighbours, entire organisations even: if you know anyone at the WI, get them all down! Send out an email, make some phone calls or put up a poster to get your community gathered around.

3. Cake and drinks

Buy it from a shop, bake some yourself, or ask your guests to contribute cake as well as their presence!

4. Ask for money

It's simple. Just ask your guests to make donation for their coffee and cake. You can also have a lot of fun raising money with competitions and raffles at your event.

5. Make it look great

Find posters and materials in your pack to make your Cosy Up event something to remember! You can also download additional materials on our website: www.sruk.co.uk/cosy-up-with-coffee

Lemon Drizzle

For the cake:

- 1 1/2 large eggs
- 87.5g (3 oz) self-raising flour
- 87.5g (3 oz) caster sugar
- 87.5g (3 oz) softened butter
- 3/4 level tsp baking powder
- Finely grated zest of 1/2 lemon

For the icing:

- 50g (2 oz) granulated sugar
- Juice of 1/2 lemon

Method:

- Preheat the oven to 180°C, gas 4.
- Beat together the eggs, flour, caster sugar, butter, baking powder and lemon zest until smooth in a large mixing bowl and turn into a prepared loaf tin.
- Bake in the pre-heated oven for about 35 mins, or until golden brown, shrinking away from the sides of the tin and springy to the touch.
- While the cake is still warm, make the lemon drizzle topping. Mix together the sugar and lemon juice, and pour over the warm cake.
- Leave to cool a little and loosen the sides of the cake, then lift the cake out of the tin.

Please make sure to clearly label any cakes containing allergens that you make at home. Ensure you keep a clean and hygienic environment while baking.